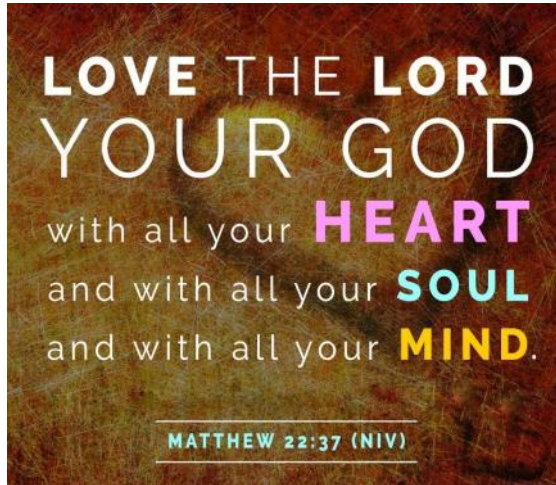


## Welcome to our Services



**All Age Worship, St. Mary's, 9.30am**

**Praise and Worship, Church of the Holy Spirit,  
10.30am**

**Readings. Isaiah 55. 1-11 and Matthew 22. 34-40**

### WIDFORD PARISH MISSION STATEMENT PRAYER

Loving Heavenly Father, please help us to grow to be more like Jesus.  
We want to get to know Christ together by loving one another, serving  
others and being at the heart of our community. Lord Jesus please  
encourage us on our way. Amen

## Collect for Bible Sunday

**Merciful God, teach us to be faithful in change and uncertainty, that trusting in your word and obeying your will we may enter the unfailing joy of Jesus Christ our Lord. Amen**

There will be a **Quiz Night** at St. Luke's, on Friday 22nd November, 7.00 for 7.30pm prompt start! Teams of up to 8 people, either book as a team or an individual. £5 per person, bring your own drink and nibbles. All proceeds will go to their roof appeal.

**Eco Tip:** This week, for those, while cleaning their clothes when necessary, but who don't like washing their clothes too often, this week's eco tip will be music to their ears.

Synthetic materials sheds microplastics in the washing machine, which reach the ocean. The ocean floor holds over 14 million tons of microplastics. This number is increasing, with textiles contributing 500,000 tons yearly. 16% of the microplastics released into the oceans come from washing these synthetic clothes. The toxic fibres degrade eco systems and are ingested by sea life and eventually, mammals, including humans. Over washing your clothes at high temperatures will also affect their quality over time. It's also a great waste of water and energy from you washing machine. Also try to buy non-toxic detergents and avoid the use/overuse of tumble dryers.

**Bleed Kit** This is a notice we hope you'll never need. Many of you will be aware that the Parish Centre acquired a bleed kit a few months ago. A bleed kit contains specialist medical swabs etc. together with instructions, that any member of the public can use in the event they find a victim of a knife attack. It is a potential life saver. To make the kit more accessible to the general public, the bleed kit is now located in the CPR box on the wall near the entrance to the Parish Centre, in due course it will be placed in it's own box on the same wall . In the event it's needed, the kit is accessible as per the instructions on the box, which can only be opened after calling 999 in a genuine emergency and following the instructions from the call handler



Big thankyou for everyone who turned out to see if prison walls could speak. It was an awesome production by Chris and Jon from Artless Theatre Company. I think we would all agree our eyes have been opened to the world of persecuted Christian's worldwide but especially in Sudan. We had a closing collection for the Bible Network who provide bibles in different languages for persecuted Christian's around the world. £117 was raised to purchase 30 bibles! £3.80 will provide a Bible for a persecuted Christian in their own language.

This Sunday, 27th, is **Bible Sunday**. To mark this, the PCC have decided to donate the cost of 25 bibles to the Bible Network. We are opening up this opportunity, if you haven't already done so, to everyone if you would like, to donate the cost of a Bible please put £3.80 in an envelope and mark it Bibles, or pay on line to the church account, please don't leave it beyond next Sunday 3rd November please. Many thanks.

Mon 28th	Bridge Club	1.00-4.00pm	Parish Centre
Tues 29th	Bible Trek	7.30-9.15pm	Westlands Lounge
Wed 30th	Morning Prayer	9.15am	CHS
Wed 30th	Lunch Club	1.00-2.15pm	Parish Centre
Wed 30th	Wednesday Fellowship	2.15-4.00pm	Parish Centre
Wed 30th	Music Practice	7.30-9.00pm	CHS
Sun 3rd	Holy Communion	9.30am	St. Mary's
Sun 3rd	All Age Café Church	10.30am	CHS

## PARISH CONTACT INFORMATION:

**Rector:** Rev'd Stephanie Gillingham [01245 477 818](tel:01245477818)  
[revsgillingham@outlook.com](mailto:revsgillingham@outlook.com)

Day off Thursdays.

### **Churchwardens:-**

Mrs Barbara Jones

Mr Keith Schofield

### **Parish Safeguarding Officer**

Mrs Barbara Jones

### **Safeguarding Assistant**

Mrs Karen Cooney

### **Caretaker:-**

Miss. Tammy Squirrel

[07930 940056](tel:07930940056)

### **St Mary's Church**

London Road, Widford CM2 8TE

### **The Parish Office and CHS:-**

Forest Drive, CM1 2TS

The office is open Mon-Fri  
10.00am—12:00pm, but the email  
and phone is checked regularly.

t: [01245 355 989](tel:01245355989)

e: [widfordchurchtalk@gmail.com](mailto:widfordchurchtalk@gmail.com)

w: [www.widfordparish.com](http://www.widfordparish.com)

*Monday:* Bob

*Tuesday (Churchtalk):* Barbara O

*Wednesday:*

*Thursday:* Shirley+

Val

*Friday:* Barbara J

you Scan to Give Thank



Let us remember today, the 27th , those living in, Waterhouse Street and Whitebeam Close, also, Maz, Dave, Bethany and Emily, Colin, Jill and Robert and Valerie W., from our Parish prayer directory.

**For inclusion here** please let, Stephanie or one of the wardens know, alternatively send a message to [widfordchurchtalk@gmail.com](mailto:widfordchurchtalk@gmail.com) headed "Prayer request".

There is also a **Prayer Chain via Text** message on [07368136770](tel:07368136770) for specific prayer requests.

Please also remember in your prayers our tithe charities, this week: **Hugh Pilcher (Jesus loves the little children)**

At <https://www.facebook.com/widfordparishchelmsford/>

And <https://www.facebook.com/stmaryswidford/>

Have you checked out the church's website at



[www.widfordparish.com](http://www.widfordparish.com) which is updated every week. There is more information about what goes on in/at church, and links to partner organisations. Why not check it out??



**ECO CHURCH**  
AN A ROCHA UK PROJECT