



Happy Easter

We are no longer meeting together, but we are having virtual services via Facebook. These are being live-streamed service on [Facebook](#) every **Sunday morning** lead by Stephanie, Andy, and Jess at 10.30am.

To access this Easter Sunday morning's order of service click [here](#)

The Readings are [Romans 6: 3 - 11](#) [Matthew 28: 1 - 10](#)

There is also a **Service of Prayer** at 9:15am on Tuesday Mornings.

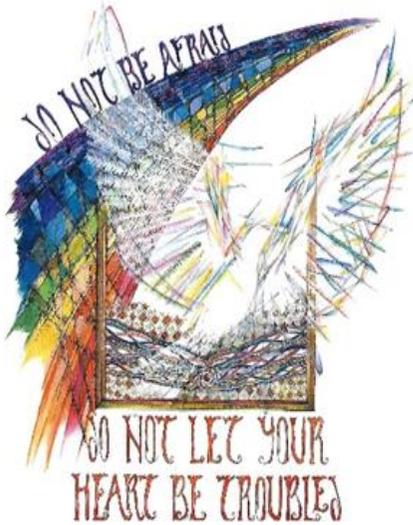
You can access these from [here](#).



Recordings available of CHS sermons [here](#)

Collect for Easter Day

Lord of all life and power,
who through the mighty resurrection of
your Son
overcame the old order of sin and death
to make all things new in him:
grant that we, being dead to sin
and alive to you in Jesus Christ,
may reign with him in glory;
to whom with you and the Holy Spirit
be praise and honour, glory and might,
now and in all eternity. Amen



Mary Fleeson

Have you seen the many rainbows in windows when you go for your exercise or to the shops. Mostly children, I think, have painted and drawn rainbows and put them in the windows, a symbol of hope, and joy and looking forward to a better time together. It is quite fun to count them all.

We miss one another, we miss the chatter the laughter and the sharing of our sadnesses too. If you cannot use a computer and have a prayer request, please phone one of us before Sunday

or Tuesday so that we can include it in the services we livestream.

The dove in the image is rising up. Moving into freedom, and a symbol of peace. The dove is also a symbol of the Holy Spirit, always with us, comforting us and sheltering us. Do not let your hearts be troubled and do not let them be afraid, because we know that God is with us and he will direct our lives.

Stay home, stay safe, Love and God bless, Stephanie

News updates

APCM, has been postponed until at Least October 2020 Would everyone who normally submit reports, please submit them asap to Lynette. Thank you.

The Parish Lent Course, entitled "Life Attitudes" is still taking place, albeit online. Click [Part 3](#) and [Part 4](#) to access these and download the materials from [here](#).



Other things to try while you are at home:

See [last 2 week's editions](#) for recommendations, plus see below.

Jess has been posting activities on the church website. Colouring Sheets and Engage worship cards please click [here](#) to access these.



Spring Harvest at Home (13th to 17th April) is available by clicking through this picture below.

A Message of Thanks

The three words I would use to describe the time between David going to be with father God and his funeral are 'GOD IS AMAZING'!! Our

heavenly Father's timing was on many occasions immaculate especially in enabling me to have the Thanksgiving Service surrounded not only by my children but also church family and friends, it felt like being at home.

A huge THANKYOU to all of you who have sent cards, letters, phoned me, visited me (when it was allowed) but most of all to all those who have prayed. I have felt so supported by your love and by Father God's arms around me, he really is amazing!

Pat Brown



NEWSFLASH
APRIL 2nd 2020

info@chelmsford.foodbank.org.uk 07812 574 542

Emergency food for people in crisis

PLEASE HELP US IF YOU ARE ABLE

Thank you for your support in keeping us going, our revised list is as follows:

Items in order of urgency

- Sponge Puddings
- Fruit Juice
- UHT Milk
- Instant Mash
- Tinned rice pudding
- Bottles of squash
- Tinned meat products
- Pasta Sauce
- Jam or spreads
- Pkts of Rice
- Tinned potatoes
- Tinned fruit

Items can be delivered to our warehouse in Beehive Lane every weekday between 0930am and 2.30pm.

www.chelmsford.foodbank.org.uk
Follow us on Facebook as well

Chelmsford Foodbank is a member of, Donor: Chelmsford Ltd, a company limited by guarantee. Registered in England number: 7482157. Registered charity number: 1144804.

Sharing time

Jess says: I had a lovely message from my late great aunt's friend in Mobile, Alabama. She has been watching the all age services on a Sunday morning for her morning devotional and she is really loving them. I have also been watching the online services from Exeter Vineyard, which I used to go to. I just think it's lovely that although we are all separated by distance at the moment, we are all still united in our faith and we can still encourage each other from afar.

Therefore encourage one another and build each other up, just as in fact you are doing. 1 Thessalonians 5:11 | NIV. Using Philipians 4 C-A-L-M..... Celebrate what God has already done for you. (Rejoice in the Lord always, I will say it again- rejoice!)

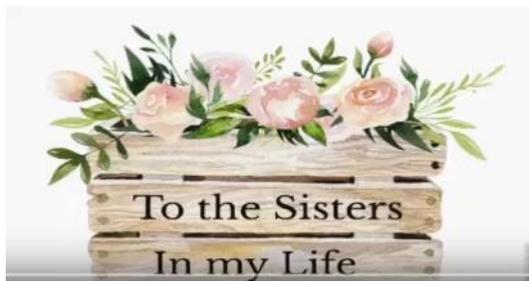
Ask God for help (in every situation by prayer...present tor requests to God) Leave your worries and problems with him (and the peace of God will fused or hearts and minds)

Meditate on good things (whatever is lovely, whatever is pure...think on these things) (psalm 23 or 91 might be helpful!)

Shared by **Paula Groves:**

Her grandson showing of my medals - a true champion!

For the Women in our lives click on the picture below.



Thank you to all those who have contributed.
More needed for next week! Thank you, Peter

Some of our ladies have been busy making Easter Bonnets.



Well done to Shirley and Val

If you would like to contribute something, please let us know.

"Signs of the times" by Shirley Deering

I was taught to weigh and measure
Ounce, pint, inch, foot and yard.
Count money, farthing, h'penny,
penny
Shilling, pound it wasn't hard.

Golden nails hammered in early
Securing firmly life's skill
Multiplication tables, merely
Made counting easier still.

But times change, we must change
with them,
Middle-aged I learned new tricks
But there are places where I was wary
Where still old knowledge sticks.

A birthday card I'm seeing here
Wishing joy for ever
Priced at ninety nine pence that's
Nineteen and sixpence, never!

From Lisa

At times when anxiety is heightened , attached is a list of things to bring you into the moment and take people away from their worries.

Also, if people focus on the picture of the tree and imagine for each leaf a member of their family or close friends if not, favourite places, food and drink items a chance to focus..

5 minutes of Mindfulness & Relaxation

It may help at this extremely difficult time. Think. 5 things outside to see 4 things that you can hear. 3 things you can feel. 2 things you can smell. 1 thing you can taste. Hope it works to help with the worry at the moment.



Need some exercise at home and don't want to go outside try this shared by Lisa . Free to use Cardio Fitness Dance details On **Wednesday 8th April 2020 6:30PM streaming live via ZOOM**

The class consists of cardio and toning moves guaranteed a sweat and a good workout; the whole family can do it. This is available to all levels, male and female, you just move at your own intensity. This is how you join online (really simple) go to <https://zoom.us/j/340209695>

All the literature for each service, and much more can be found on the Church's website , so please click [here](#)
If you need any of it printed out, please let us know.

Facebook and YouTube Help

Last Sunday, we are aware that quite a few of you had problems accessing the live services. With this in mind, please take a look at the following information.

The plan is that the live streams will start 5 minutes before the leader, be it Andy, Stephanie or Jess, start their sections. This gives everyone a chance to get to the right place in time for the leader starts their section You can get notifications that the stream is live. By looking at the following ...

Please be aware that you need to go to the Facebook page with the following picture in its header.



How do I turn Facebook notifications for live videos on or off?

Please follow this [link](#) for detailed instructions.

We also are uploading all video content onto YouTube, so if you have a TV that can access YouTube, or a Laptop, Tablet, phone, or PC , then they will be available there. They can be found by searching for “Widfordparish”

How do I turn YouTube notifications for videos on or off?

Please follow this [link](#) for detailed instructions.

If you are having problems please do call someone to ask.

It would be a good plan to try these instructions out well before the next service on Sunday so that you are all set up. It will mean that when the live feed becomes available and live, that you will get a notification on your phone, pc or tablet, and this will hopefully appear on your screen and you will just need to click on it..

Pat Deals funeral is on Friday 17th April at 10.00am. Close family only, so please pray for them. We hope to have a Thanksgiving service later in the year, which everyone can attend.

PARISH INFORMATION:-

Rector: Rev'd Stephanie Gillingham
01245 477 818
stephaniegillingham@hotmail.co.uk
Day off Thursdays.

Curate. Rev'd Andy Brown
Revd-brown@outlook.com
07817 553 453
Day off Fridays.

Churchwardens:-
Miss. Tammy Squirrel
Mrs Barbara Jones
Mrs. Sylvia Skardon

Caretaker:-
Miss. Tammy Squirrel
07930 940056

The Parish Office:-
Forest Drive, CM1 2TS
Opening times: **Closed**
Tel: 01245 355 989 - **checked daily**
Please contact the office by email or contact Stephanie or Andy as above
e: widfordchurchtalk@gmail.com
w: www.widfordparish.com

Let's Pray

Let us especially remember today, the 22nd, those living in, Joseph Place and Links Drive. Do look in the Church Directory and use it to guide your prayers

Please also remember in your prayers, Ali, Keshule and family, plus Tear Fund These are part of our Parish Giving.

We also remember Barbara Oxford as she returned to hospital this week for more tests, and her husband David and their family.

We give thanks that Sylvia and Fiona are much better.

Please continue to pray for the families of David Brown and Pat Deal as they mourn their losses.

Please also remember to pray for those around you who are lonely or unable to get out, they might value a phone call

For inclusion here please let, Peter, Stephanie, Andy, or one of the wardens know, or send a message to widfordchurchtalk@gmail.com headed "Prayer request".

There is also a Prayer Chain via Text message on 07368 136770 for specific prayer requests. Please note it has changed.

Connect via

At <https://www.facebook.com/widfordparishchelmsford/>

And <https://www.facebook.com/stmaryswidford/>

And the church's facebook group at <https://www.facebook.com/groups/widfordparishchelmsford/>

